



Alberta Junior Forest Ranger Program
Community Based: Personal Equipment List
 Recommended gear for member training and Bull of the Woods



ITEMS MARKED WITH "☐" ARE ESSENTIAL, "○" ARE OPTIONAL
Maximum Storage Capacity per Member is 100L storage plus Sleeping Bag)

There is no Laundry service for the Eight Days of Training

FEET	<input type="checkbox"/> Steel Toe CSA Approved 8" Work Boots <input type="checkbox"/> Socks- light wool or cotton blend work socks <input type="checkbox"/> Runners- lightweight, for general use <input checked="" type="radio"/> Rubber boots, sandals/flip flops for showers	PERSONAL	Paperwork <input type="checkbox"/> Offer letter <input type="checkbox"/> Banking Information (signed by bank) <input type="checkbox"/> Medical Information Form <input type="checkbox"/> Prescription Medication Information <input type="checkbox"/> Non-prescription permission form <input type="checkbox"/> Waiver Form <input type="checkbox"/> Employment Expectations Form <input type="checkbox"/> Model Release Form Equipment <input type="checkbox"/> Day pack <input type="checkbox"/> Sleeping bag– -5 to -12°C; compact. <input type="checkbox"/> Pillow and pillow case <input type="checkbox"/> Sleeping Pad– self inflating or thin foam <input type="checkbox"/> Alarm clock– battery operated <input type="checkbox"/> Sun block or 30+ sunscreen <input type="checkbox"/> hsect repellent <input type="checkbox"/> Personal toiletries (Biodegradable soaps) <input type="checkbox"/> Towel and washcloth <input type="checkbox"/> Whistle <input type="checkbox"/> Water bottle- 1L <input type="checkbox"/> Small flashlight or headlamp <input type="checkbox"/> Pocket knife (avoid multi-use knives) <input type="checkbox"/> AnaKit or EpiPen if required by Doctor. <input type="checkbox"/> Personal prescription medication <input type="checkbox"/> Personal identification <input type="checkbox"/> Health care number <input checked="" type="radio"/> Sunglasses - with UV protection <input checked="" type="radio"/> Lip Balm/Sunscreen <input checked="" type="radio"/> Nylon stuff-sacks - two or three
LOWER BODY	<input type="checkbox"/> Underwear <input type="checkbox"/> Long underwear– cotton free <input type="checkbox"/> Work pants– old pants, jeans <input type="checkbox"/> Rain pants– lightweight and waterproof <input type="checkbox"/> Bathing suit/shorts <input checked="" type="radio"/> Wind pants - light, uncoated nylon <input checked="" type="radio"/> Belt		
UPPER BODY	<input type="checkbox"/> Underwear top– cotton free <input type="checkbox"/> Thin wool/fleece sweater <input type="checkbox"/> Thick wool sweater or fleece jacket (two) <input type="checkbox"/> Rain jacket WITH hood <input type="checkbox"/> T-shirts <input type="checkbox"/> Longsleeved shirts <input type="checkbox"/> Nylon windbreaker or windproof		
HEAD NECK HANDS	<input type="checkbox"/> Work gloves that fit - two pairs <input type="checkbox"/> Safety glasses CSA Approved <input type="checkbox"/> Sun Hat or Ball Cap <input type="checkbox"/> Wool/fleece mitts or gloves <input type="checkbox"/> Wool/fleece toque		
OTHER OPTIONS	<input checked="" type="radio"/> Journal and pen (strongly recommended) <input checked="" type="radio"/> Compass <input checked="" type="radio"/> Cards <input checked="" type="radio"/> Other compact hobbies or games		

Important info:

- Equipment does not need to be new! Goodwill and second-hand stores often have an assortment of very functional wool and work clothing. Parents and grandparents can also be sources of warm wool clothing.
- Personal items should be marked with your name.
- Participants are requested to leave their cellular phones, electronic devices and other valuables at home. The JFR program will not be responsible for any personal property that is lost, stolen or damaged during the program.
- 'Smellies' like lotions, tooth paste, lip balm, laundry detergent, etc. should be stored in a mesh bag or tote as they will be NOT be permitted in the tents for bear safety.
- Rubbermaid style totes have been found to be the best method of transporting/storing personal items. They have proven water and mice resistant, and can serve as shelves/tables in the tent.